

RATO BANGALA SAMACHAR

MAY 2021

WELCOME BACK

Welcome back to school and to the academic year 2021-22 moving to a second year of online classes. We hope families are keeping well amidst the crisis brought by the pandemic. We look forward to the online classes providing a safe place for the students to learn and share as we continue to strive to provide the best in remote learning.

This year brings the school as well as families so much more prepared to handle every aspect of the online scene. As teachers have become proficient and accustomed to teaching remotely and parents well versed with the expectations and demands that come with children being home, we should move forward smoothly. Children are also very comfortable with the learning platforms and are digitally savvy and parents have experienced a gradual release of responsibility. However, we have to continue to be vigilant and media literate in order to guide our charges.

As we continue to build powerful partnerships with families, we thank you for your support in 2020-21 and look forward to working together in the new academic year and beyond.

WELCOME TO NEW STUDENTS AND FAMILIES

A very special welcome to the incoming pre-kindergarten, Grade I students and the new students in other grades and their families.

ADMISSION OPEN FOR A LEVELS

The A Level application forms have been posted in the Rato Bangala School website for the upcoming academic year for the information of all students who are keen to apply for admissions at RBS. Do spread the word in your circles of friends and family who are interested..

FOCUS ON SOCIAL EMOTIONAL LEARNING (SEL)

Keeping in mind that supporting social emotional health and well-

being is a particularly important area of concern during the pandemic, we have decided to give a special focus on SEL both for the students as well as the teachers and staff. We have allocated a special time dedicated to SEL. Supporting students' ability to regulate their emotions will help them to deal and cope with unexpected and difficult circumstances. Ultimately, these skills will also help children get along with others and make better choices in their lives.

THANK YOU PARENT REPRESENTATIVES

Thank you to the Parent
Representatives for their valuable
contribution to the academic years
2019-20 and 2020-21. Thank you
for serving as Parent Representatives
for two academic years in these
particularly difficult times of
the Covid-19 Pandemic. Your
contribution has been very helpful.
It is the support and enthusiasm as
well as suggestions from parents that
strengthens the School and gives us

Aarnab, Grade V Kiara, Grade I





the energy to work harder. We are aware that these times have been difficult for you as well as the rest of the parent body at Rato Bangala as it has been challenging for the school as well. However, we have pulled along, and you have been there supporting the school during its time of need. Our consolidated hard work and enthusiasm is reflected in the all-round development of the students.

THANK YOU PTA MEMBERS

We cannot thank the PTA members enough for their constructive feedback and suggestions through this challenging year. It was your considered advice and support of the school in the most difficult of times that we managed to have an excellent year at the School.

A special thank you to the outgoing members: Ms. Suchitra M Gurung, Ms. Pragya Agrawal and Mr. Pankaj Jalan, we appreciate your valuable time, enthusiastic support and sound advice. Thank you.

We welcome new members: Ms. Jaya Luintel, Mr. Bhanu Kandel and Ms. Vasha Shrestha. Your spontaneous volunteering has made you uncontested candidates in your groups, and allowed us to complete the PTA right at the beginning of the academic year. Thank you. We are confident that we will have a successful year despite continuing challenges. We look forward to the first full quorum PTA meeting.

New PTA Members

Parents:

Group 1: Ms. Vasha Shrestha and Mr. Bhanu Kandel Group 2: Mr. Pawan Rizal Chhetri and Mr. Manish Kunwar Group 3: Ms. Jaya Luintel and Mr. Prabin Bikram Rana

From the School:

Mr. Bolaram Pandey, Ms. Jenny Manandhar and Ms. Rekha Pandey, Ms. Milan Dixit and Ms. Shanta Dixit.

RBS GAVEL CLUB INSTALLED

Initiated by the A level students, the RBS Gavel club had its installation ceremony on 23 May, 2021. Gavel clubs provide the Toastmasters experience to young people from 12 to 18. Following Toastmasters club meeting protocols, it is a public speaking platform where the members get to grow together as a team. The club has a total of 30 members.

The excom committee consists of 6 members. The president is Ankur Guragain, VP education is Annanya Khetan, VP membership is Sambridhi Bista, VP public relations is Pragati Khadka, Secretary is Prasun Subedi, Treasurer is Astitwa Raj Wagle and Sergeant at arms is Shalupa Khanal. Congratulations!

RBPOP UPDATE

The Rato Bangala Partnership in Outreach Program has been, through Rato Bangala Foundation, producing and broadcasting Radio Bal Sikai: two times a week for children, and once a week for teachers and parents.

THE CURRENT BOARD OF RBPOP COMPRISES OF:

Parents

Ms. Kumudini Shrestha Ms. Sheila Chhetri Mr. Shailesh Vaidya Ms. Shuvechha Khadka Mr. Bandhu Ranjan Mr. Ram Prasad Bhandari (Legal Advisor and former parent)

School

Ms. Shanta Dixit Ms. Milan Dixit Mr. Uttam Thapa

We are looking for new members for RBPOP and would appreciate it if interested parents came forward to volunteer. Please contact Ms. Prakriti Karmachaya at prakriti@ratobangala. edu.np if you are interested to be in the RBPOP board.

TEACHER EDUCATION AT RATO BANGALA FOUNDATION

Rato Bangala Foundation announces on-line training for its oldest and most subscribed courses. Child Centered Level One Course; a 72 hour course that will begin in early June 2021. Primary Teacher Training Program; a year long course that will begin in the latter half of June 2021. We request parents recommend these courses to interested candidates from all over Nepal.

This is the first time Rato Bangala Foundation courses are going totally online.

Bidhisha, Grade IV Sarahana, Grade VI





THE RBS TEAM

In this first newsletter of the academic year, we are pleased to share the names of the members of the RBS Team.

Teachers

Grade I A: Amar Dip Kaur Kiran Rana

Grade I B: Pragya Mathema Sheelu Karmacharya

Grade II A: Kiran Khadka Milan Sharma

Grade II B: Shilpa Rimal Susanna Tamang

Grade III A: Niva Manandhar Shazmina Banu

Grade III B: Astha Rijal: Sabita Manandhar

Grade IV A: Anshu Amatya Hyoju Sakuntala Pun

Grade IV B: Anisha Shakya Kalina Rai Pradhan

Grade V A: Nucche Maharjan Sonee Maharjan

Grade V B: Anjana Malla Kalpana Shrestha

Grade VI A: Eli Khawas

Grade VI B: Muskan Shrestha

Grade VII A: Sarita Pradhan

Adana, Grade V

Grade VII B: Margaret Singh

Grade VIII A: Munni Sharma Pandey

Grade VIII B: Rajshree Nirala

Grade IX A: Kaushalya Devi Khadka

Grade IX B: Bushra Rehman

Grade X A/B: Archana Rai

Social Studies (Gr. IX & X): Kausalya Khadka

Nepali Department: Amita Koirala Apsara KC Bhawani Panthi Shramika Bhandari Sudha Ojha Tikaram Sharma

Science Department: Kumar Sedai Nilima Shakya Sunita Adhikari Swastika Basnet

Maker Space Teacher: Tara Nepal

Math Department: Binaya Shrestha Carolyn Tuladhar Indu Lama Kishor Bista

Computer Department: Bolaram Pandey Nabin Malla Nilima Manandhar Music Department: Daniel Christopher Subba Heli Shahi

Art Department: Bhawana Goldie Sangay Sherpa Santa Hitang

Dance Department: Manju Gopali

PE Department: Kiran Maharjan Krishna Thapa Rabindra Maharjan

Pre School

Coordinator: Sarita Rana

Teachers: Amita Pandey Shweta Khanal Shanta Nepal Sanchita Pandey

Administrator: Binu Timalsina

A Levels

English Language & Literature: English Language: Perry Keil Thapa

Psychology: Hima Pradhan

Sociology: Buddhi Bal Chhetri

Economics: Madhav Chhetri Yeshodhara Prasai (Bhetwal) Jit Prasad Acharya

Saanvi R, Grade III

General Paper: Devana Singh Thapa Suman Mandal Diwakar Chettri

Physics: Baburam Adhikari Ajayendra Laghu Kumar Sedai Dr. Uday Khanal

Chemistry: Rekha Sah Rajendra Khatri Kiran Shrestha

Biology: Basanta Yadav Reena Chand Sushil Paudel

Environmental Management: Dr. Kishor Rajbhandari

Accountancy & Business:
Dipendra Dhakal
Penjor Tashi

Mathematics: Krishna Kushwaha Rajendra Sharma Pundary Phuyal Sudeep Upadhyaya Sanjay Kumar Karn

Computer Science: Ujjwal Chalise Rakesh Chaudhary Shambhu Adhikari

Art & Design: Bidhata KC

Lab Assistants: Nabin Thapa Narayan Khadka Ram Chandra Shrestha

Administration

Principal: Milan Dixit

Director: Shanta Dixit

Unit Coordinators

Pre-school: Sarita Rana

Unit I: (Grades I-V) Jenny Manandhar

Unit II: (Grades VI-X) Rekha Pandey

A Level: Rajni Upadhyaya

School Manager: Uttam Thapa

College Counselors: Milan Dixit Rajni Upadhyaya Bilquees Banu

School Office Administrators: Deepa Maharjan Sagarika Khadka

Guidance Counselor: Riju Poudel Sheila Shrestha

Administrator: (Unit I Office) Deepa Thapa

Administrator: (Unit II Office) Rama Singh Suwal

Sunnivah, Grade IV







Administrator: (Principal's Office) Mamata Manandhar

Administrator: (Director's Office) Prakriti Karmacharya

Administrator: (A Level Office) Rojala Shrestha

Administrative Assistant: Ashna Aryal

First Aid: Manju Pradhan

IT Technician: Krishna Sundar B Shrestha

Publishing
Department:
Chandra Dangol

Rato Bangala Kitab Coordinator: Monita Gurung

Librarians: Nripa Malla Kanchan Rimal Rashmi Uprety Nikki Shakya

Duke of Edinburgh's Award Program In charge: Ram Chandra Parajuli

RBPOP Coordinator and Administrator: Archana Joshi

Lab Assistant: Deepa Ghimire Management and Accounts

Facilities, Kitchen and Staff Management: Shreeram Sharma with Ganesh Duwadi

Accounts: Shambhu Dangol Sunita Basnet

Hostel In charge: Krishna Thapa

Store Supervisor: Suksari Chaudhary Anju Piya

Office Assistant: Bal Krishna Tamang Ram Prasad Dhakal Ramesh Kumal

Custodial Staff: Ajay Lama

Apsara Bhujel Babu Kaji Tamang Bhim B. Tamang Bisheswor Chaudhary Buddhi Chaudhary Chhewang Lama Dolraj Rimal Dhurba Thapa Hari B Khatri Hari Ghimire Hom Nath Ghimire Janak Magar Jhapindra B Thapa Kalpana R Magar Kapil Dhakal Keshab Kumal Khopraj Pokhrel Krishna Magar Lal Chandra Adhikari Laxmi Bhandari Madhu Chaudhary Man Bahadur T Magar Manju Tharu

Nani Babu Khadka Narayan H Chalise Prem Tamang Ramesh Chaudhary Rishi Kumal Robin Bhujel Rohan Tamang Sahadev Chaudhari Sarita Pyakurel Sita Magar Sita Ram Aryal Surya B Tamang Surya P Ghimire Yam B Thapa Yamraj Khadka

Min B Thapa

Nabaraj Aryal

Drivers:
Hari Prasad Dulal
Laxman Humagain
Kul Bahadur
Purbachhane
Tul Bahadur Magar
Suk Bahadur Tamang

THE SCHOOL LEADERSHIP TEAM



Coordinator of the Early Childhood Centre

Ms. Sarita Rana



Min B Rokaya

Coordinator of Unit 1 (Grades I to V) Ms. Jenny Manandhar



Coordinator of Unit 2 (Grades VI-X) Ms. Rekha Pandey



Coordinator of A Levels
Ms. Rajni Upadhyaya



School Manager Mr. Uttam Thapa



Principal

Ms. Milan Dixit



Director
Ms. Shanta Dixit